



Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
	1 Cinnamon Toast Crunch Fresh or Canned Fruit	2 Chocolate Chip Muffin Fresh or Canned Fruit	3 Powder Donut Holes Fresh or Canned Fruit	4 Pillsbury Cini Mini Fresh or Canned Fruit	What is a Meal? You must choose at least 3 of the 4 components available for the school breakfast price. - Choice of Whole Grain - Choice of Protein - Choice of Fruit - Choice of Milk A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast. Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice Milk 1% white, fat-free white, chocolate, vanilla, and strawberry
7 Blueberry Mini Loaf Fresh or Canned Fruit	8 Pop Tart w. Graham Cracker Fresh or Canned Fruit	9 Apple Cinnamon Muffin Fresh or Canned Fruit	10 Powder Donut Holes Fresh or Canned Fruit	11 Pillsbury Cini Mini Fresh or Canned Fruit	
14 Banana Mini Loaf Fresh or Canned Fruit	15 Cinnamon Toast Crunch Fresh or Canned Fruit	16 Chocolate Chip Muffin Fresh or Canned Fruit	17 Powder Donut Holes Fresh or Canned Fruit	18	
21	22	23	24	25	
28 Blueberry Mini Loaf Fresh or Canned Fruit	29 Pop Tart w. Graham Cracker Fresh or Canned Fruit	30 Apple Cinnamon Muffin Fresh or Canned Fruit			
Your Team Katie Mowry, Food Service Director 856.456.7000 ext. 4044 GLC@metzcorp.com			Meal Prices Student Breakfast Reduced Breakfast Faculty Breakfast		FREE FREE \$2.00
					 NUTRI-SERVE FOOD MANAGEMENT, INC. by Metz